|  |  |  |
| --- | --- | --- |
| Activity 1View the video “Tagged”.Students complete Worksheet 1 | Subject focusPositive bystander behaviour | Resources requiredWorksheet 1 - Em’s choicesVideo resource:* Tagged accessed via [www.cybersmart.gov.au/tagged.aspx](http://www.cybersmart.gov.au/tagged.aspx) or <http://www.youtube.com/watch?v=TtEGAcLBTTA>
 |
| Activity 2View the video Ém reflection’.Students complete Worksheet 2 | Subject focusPositive bystander strategies | Resources requiredWorksheet 2 – Your bystander experience.Positive Bystander TipsVideo resource:• Em—Character reflection interview accessed via www.cybersmart.gov.au/tagged.aspx or <http://www.youtube.com/watch?v=8kkjEiDYn9M> |

Terminology referred to:

Bystander, cyberbully, target, positive bystander, negative bystander, witness, comfortable, help, trusted adult, report, step in, act, empathy, support.

**The Bystander**

**‘All that is necessary for the triumph of evil is that good men do nothing.’**

This has often been quoted by people when commenting on conflicts and human rights abuses around the world, as well as during periods of social change and upheaval such as during historic campaigns for equal rights for women or for indigenous Australians.

The nature of what is meant by ‘evil’ is hard to define, but for our purposes, let’s say it refers to negative, self-serving intentions and actions that may harm others. When a person or a group of people act this way, history shows they will usually continue until stopped.

**Discussion starters:**

**So, what are the reasons ‘good people’ sometimes do nothing?**

**What does it take for a ‘good person’ to finally act?**

Another useful way of looking at the role of the bystander and at power in relationships is to consider the ancient proverb:

**‘There is no Queen without her subjects.’**

A Queen, or any person with power and influence, is a single person. They only have their powerful position due to the complicity of their ‘subjects’ – the great many individual people willing to support and empower that single person.

Likewise, a celebrity’s power comes solely from their support from a great many individuals. If a celebrity suddenly loses their fans, that celebrity also loses their power and influence.

At a classroom and friendship group level, this same theory can be applied to the most powerful and influential person in a group.

This person may enjoy group support because they are funny, likable and caring. But sometimes it is because they engender a fear of rejection. They bully people and make others too frightened of the negative social consequences of disagreeing with them.

Worksheet 1—Em’s choices

# Instructions

In this task you will need to watch part of the Tagged video starting from 1 minute and 30 seconds through to 9 minutes and 30 seconds. The URL is View the video and reflect on Em’s behaviour.

# Questions

Answer the three questions below.

Question 1

|  |  |
| --- | --- |
| G:\Cybersafety\Tagged\Images\Tagged_75_Kate+Raz+Em.jpg1 minute and 30 seconds | At the 1 minute and 30 second mark, the three friends decide to publish a rumour on a blog. Describe how Em’s behaviour was not helpful to the targets—Chloe, Ben and Jack. Was Em a positive or negative bystander in this situation? |

Question 2

|  |  |
| --- | --- |
| C:\Users\burdens\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\H20FMXZI\Em 2 (3).jpg7 minutes | In the school cafeteria, Em, Raz and Kate talk about whether to keep the filmed fight of Jack and Ben on the blog. Was Em’s behaviour helpful or not?   |

Question 3

|  |  |
| --- | --- |
| C:\Users\burdens\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\H20FMXZI\Em 4.jpg8 minutes and 40 seconds | Now look at the scene in the library. Raz and Em talk about Kate’s threat to Raz.What type of bystander was Em when Kate first made the threat to Raz? |

Worksheet 2—Your bystander experience

# Viewing Instructions

In the character reflection video, Em reflects on her behaviours that were unhelpful.

Watch the ‘Em’ interview at [www.cybersmart.gov.au/tagged.aspx](http://www.cybersmart.gov.au/tagged.aspx).

Take note of how Em would deal with any future cyberbullying situations she might witness. How has this experience affected her reputation?



Bystanders have an important role to play in cyberbullying situations and their actions can help stop the bullying behaviour.

It is not unusual for a bystander to feel uncomfortable confronting a cyberbully on their own, as they may not feel confident or safe enough to do so.

There are options available if you wish to help someone who is being targeted online.

# Activity Instructions

1. Think about a time when you may have seen instances of cyberbullying online.
2. Using the Positive bystander tips, select something positive you could do, or the option that you would feel safest in doing, if you witness:
3. someone repeatedly sending abusive text messages to another person;
4. posting an inappropriately tagged photo of someone in your year group—the photo is humiliating and has attracted many hurtful comments; and
5. who is a friend excluding a member of your friendship group from a party posted online.
6. Thinking of the Positive bystander tips, list any of the tips you have used yourself in a cyberbullying situation.

Note at least two tips you think you could use in the future if you were in a bystander position and wanted to do something positive to help someone else and safeguard your digital reputation.

|  |
| --- |
| Positive Bystander Tips |
| Step infigure_jump_custom_text_13901.png | Do something positive to help the target. Speak out against the cyberbullying behaviour—if you feel safe doing so. Make it clear you find the behaviour unacceptable and ask for any hurtful texts/posts/images to be deleted.Encourage the target to get help from a trusted adult. Offer to go with them to make the report and give them information on where to get help. |
| helpgrab_my_hand_800_clr_14051.png | * Help in a way you feel comfortable. If you don’t feel comfortable telling the bully to stop, think about ways you can help behind the scenes, such as saving the evidence of the cyberbullying (like screenshots or photos) or helping them check their privacy settings.

Make contact with the target (online or offline). Email/message the target to let them know you feel for them and you don’t agree with the cyberbully’s behaviour.If you are not sure how to handle the situation, there are professionals and useful websites that can help. Check out the Cybersmart website at [www.cybersmart.gov.au](http://www.cybersmart.gov.au) for useful tips on dealing with cyberbullying. The Kids Helpline also offers free and confidential counselling services on cybersafety issues, including cyberbullying. Visit [www.kidshelp.com.au](http://www.kidshelp.com.au) or call 1800 55 1800.  |
| actarrow_figure_jump_800_clr_13375.png | * Don’t encourage the cyberbully. Choose not to comment on, resend or respond to posts that may offend or upset someone else.

Group action—check with friends if they feel the same about the situation. Discuss what you can do together as a group to help resolve it. This might include sending a group message to those involved in the cyberbullying to stop their behaviour, blocking the main people involved or approaching a trusted adult as a group.Make it clear to your friends that you will not join in any cyberbullying behaviour. |
| reportstick_figure_pushing_button_800_clr_7475.png | Tell an adult you can trust and has the authority to help. This may be a parent, teacher, school principal, school counsellor, a coach or family member. * Report cyberbullying to the police if you feel someone’s personal safety has been threatened.

Report anonymously. If you want to protect your identity, think about reporting the situation anonymously. For example, type up a note about what is happening and leave it in the letter box or under the door of an adult who can help.* Report to an administrator. If you see cyberbullying online, report it to the administrator of the social media website to ask for content to be removed. Contact the relevant mobile phone company in the case of bullying text messages or calls.
 |
| empathyintroductions_400_clr_10909.png | Show your concern and support. Put yourself in the target’s position—you would want somebody to support you if you were being cyberbullied.Chat with the target directly and away from an audience. You don’t have to mention the cyberbullying behaviour. Check in with the target and comfort them—this could be done in person or via a text or private message. Your support might reduce any feelings of isolation a target may have. |

**Definitions**

**Sexting**

Sexting refers to the sending of provocative or sexual photos, messages, or videos, generally using a mobile phone. It can also include posting this type of material online.

While sharing sexually suggestive images or text messages may be seen as innocent flirting or amusement for young people, sexting can have serious personal, social and legal consequences.

Under current Australian law, young people may be committing a crime when taking, receiving or forwarding sexual images of themselves or friends who are minors. This applies even if all participants are willing. These acts can represent the production or distribution of child pornography.

**Digital reputation**

Digital reputation, like any other form of reputation, refers to the generalised view others take of a person’s identity. The digital component refers to the evidence of a person’s interactions, comments and behaviours online and how this combines to form a whole impression of an individual.

A digital reputation is as real, lasting and important as an individual’s general reputation. It affects a person’s image and how their identity and beliefs are understood.

**Cyberbullying**

Cyberbullying occurs when the internet, email or mobile phones are used to deliberately and repeatedly engage in hostile behaviour to harm or upset someone. Cyberbullying can result in those involved experiencing social, psychological and academic difficulties.

**Cyberbullying behaviours include:**

• sending abusive texts or emails

• posting unkind messages or inappropriate images on social networking sites

• tagging unflattering, private or offensive images with a person’s name to discredit or hurt them

• impersonating others online

• excluding others online.

This work is based on materials that constitute copyright of the Commonwealth of Australia and is licensed under a Creative Commons Attribution Non-Commercial Share Alike 3.0 Australia Licence. See [http://cybersmart.acma.gov.au/About Cybersmart/Legal.aspx](http://www.cybersmart.gov.au/About%20Cybersmart/Legal.aspx) for more information.

